

4/25/2022

MAINE DEPARTMENT OF LABOR

<u>The MaineLinks</u>

What to know ...

When one community helps another, we all grow. An <u>easy way</u> to see this happen is when <u>parents</u> model by example for their children. The powerful experience of <u>a parent</u> sharing a day at work with a child can <u>inspire the career dreams</u> of the younger generation. <u>Recognition</u> for the different roles we fulfill is also rewarding for the more senior participants in the <u>"Take Your Kid to Work"</u> day that is marked this month.

<u>Youth programs</u> are designed to prepare <u>young adults</u> for <u>academic</u> and <u>employment</u> success. <u>If under 16</u> and wanting to work, <u>information</u> can be found on how to get a work permit in Maine by visiting the <u>Maine.gov/labor website</u>. Young people may decide to pursue many different career paths, and the timing for training and education is unique for each person.

Thinking about going to college? There are many great options here in Maine. At all ages, continued learning is valued. <u>FAME</u> helps families find ways to pay for college & more. <u>MEOC</u> provides info and options for preparing for and funding college.

Vocational Rehabilitation, also known as "VR", is a MDOL/Bureau of Rehabilitation program that has a primary goal of assisting interested individuals who have disabilities to get and keep a job. VR can assist students with disabilities in <u>coordinating information and resources</u> as they <u>transition from high school</u> to adult life. <u>VR counselors</u> work with students and other people involved with the student's planning to assist with the process of making informed choices about future jobs. What if you are only in Maine seasonally? The <u>National Farmworker</u> <u>Jobs Program</u> (NFJP) works with <u>migrant and seasonal farm</u> workers and their families. NFJP provides <u>supportive services and education</u>, including basic skills/GED, approved trades school, <u>On-the-Job</u> Training, or higher education courses.

Whether you are <u>seeking summer employment or a new job</u> or a <u>training</u> that will prepare you to return to the <u>workforce</u> after a pause, there are <u>many interesting careers</u> out there – check out the listings in <u>Maine JobLink!</u> Use the filters to search for opportunities in your areas of interest.

April is:

April is the month when we celebrate <u>"Take Our Daughters and Sons</u> <u>to Work Day."</u> This is a non-profit educational program that revolves around parents <u>taking their children to work</u> for a day. The event is held on the fourth Thursday in April. In 1992, the <u>Ms. Foundation</u> launched "Take Our Daughters to Work Day," and schools were provided with <u>materials</u> for incorporating <u>career exploration</u> in their curricula. Now, the idea of showing all our children <u>more about the</u> <u>world of work has</u> expanded, and many employees across the USA will invite <u>their children to work on April 28</u>. The program also encourages including children from <u>shelters and residential programs</u>.

Notable Quote:

"Nothing endures but change" - <u>Heraclitus of Ephesus</u>



Training Talk!

*<u>Healthcare Training for ME</u> is a statewide collaboration of educational institutions and government agency partners convened to ensure Maine's workers and employers can easily access <u>healthcare</u> <u>training opportunities</u> and supports. Funding for Training for ME is provided through the <u>Maine Jobs and Recovery Plan</u> to advance Maine's workforce and economic goals, with additional funds provided by the <u>Harold Alfond Foundation</u>.

*From <u>New Ventures Maine</u>, for Middle and High School Teachers, Homeschoolers, and Students:

Explore Trade Careers - Spring 2022 Totally Trades! Sessions are now accessible online and registration is free. Totally Trades! Virtual Career Sessions are for girls in grades 8-12 to learn about high-wage, high-demand nontraditional careers in which women are underrepresented. Highlighted jobs include foresters, firefighters, and software engineers. Workshops are for selfidentifying girls and gender-expansive youth. Video sessions are about 15 minutes each. Watch anytime until May 31. Hiring Events: (Click on the "Hiring Events" link for full list) April 27 – <u>11th Annual York Regional Job Fair</u> in Sanford April 27 – John F. Murphy Homes Hiring Event in Lewiston April 28 – MaineGeneral Hiring Event in Augusta May 2 – Portsmouth Naval Shipyard Hrirng Event in South Portland Workshops: (click on the "Workshops" link for more) Pre-register online for these virtual opportunities: April 26 – Creating a Winning Resume April 28 – Recovery in the Workplace May 4 – Maine JobLink: Creating & Navigating Your Job Seeker

and MORE!

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*Each month, the <u>Maine Bureau of Veterans' Services</u> publishes a <u>newsletter</u> with the latest news and happenings regarding veterans issues.

*<u>COVID-19 Funeral Assistance</u>: the COVID-19 pandemic has brought overwhelming grief to many. <u>FEMA's mission</u> is to <u>help people</u> before, during and after disasters. They are dedicated to <u>helping ease</u> <u>some of the financial stress</u> and burden caused by the virus.

Did you miss the <u>last newsletter</u>? Ensure you subscribe for more updates from the <u>Maine Department of Labor</u>.

The Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to people with disabilities upon request.