

The MaineLinks

What to know...

[Your skills are valuable](#) – this is a message for everyone! A [well-written resume](#) that highlights your skills and strengths should feel like [a pat on the back](#). When you tell your story, you want to make it easy for the employer to realize that you are the person they need on their team. Be it history, [herstory](#), or your storied past – this is your story, and you get to set the context.

[There are hard skills and soft skills](#). There are transferable skills and marketable skills, and this is not an “either/or” situation – think [“both/and.”](#)

[Hard skills](#) are the skills and tools that you have learned on the job. Can you [operate specialized machinery](#), [diagnose illness](#), edit technical documents, and are you [proficient with certain software](#) or virtual platforms?

[Soft skills](#) refer to [habits and personality traits](#) that are natural to you. Does your performance show creativity, integrity, empathy, a [commitment to equity and inclusion](#), and persistence? Those are soft skills that can make all the difference when an employer is adding a new member to the team.

[Transferable skills](#) are things that you have learned in one job that can be used in another. How can you know about this? Try [My Skills My Future](#) – a tool that is part of the [CareerOne Stop website](#) that will ask you to name a past job, then the system reviews the skills required from that job and gives you a list of [new possible career matches](#), based on transferable skills that both jobs have in common. Try it out! It is simple, free, and it could reveal an [interesting new career](#) for you to explore!

To find out about [marketable skills](#), go to the job description of a position that you want. [Review how the employer outlines the position’s responsibilities](#). The [employer](#) will prioritize the most marketable skills. Your skills and how you present them in your resume and [interviews](#) will be recognized and appreciated, leading to a job offer.

If you’ve [recently separated](#) from [the military](#) and are seeking a civilian job, your first step should be [preparing your resumé](#). [Translating your military experience](#) to identify the [transferable skills](#) you have is paramount to your success in [finding new employment](#).

March is:

[Women’s History Month](#), and we celebrate the [achievements](#) of [women from the past](#) and present. We honor the women who came before us and fought for equality [among all races](#) and genders.

Notable Quote:

“A woman is like a tea bag – you can’t tell how [strong](#) she is until you put her in hot water.” – [Eleanor Roosevelt](#)

[Frances Perkins](#) was the US Secretary of Labor, 1933-1945. She was the first woman to serve in any presidential US Cabinet, and she was from [Newcastle, Maine](#). Perkins would have been famous simply by being the first woman cabinet member, but her legacy also stems from her additional accomplishments. She was largely responsible for the creation of [social security](#), [unemployment insurance in the United States](#), the [federal minimum wage](#), and federal laws regulating [child labor](#)



Training Talk!

*[The Maine Community Foundation](#) awarded \$3.5 million in scholarships last year. There are over 625 available funds with more added every year. If you or someone you know could benefit from a [scholarship](#) for secondary education, look through or share the scholarship listings found here: [List of scholarships](#). Applying is easy online through [www.mainecef.org](#)

*[Earn While You Learn - Healthcare Training Opportunities](#) -info about healthcare training

[Hiring Events](#): (Click on the “Hiring Events” link for full list)

March 15 – [Montello Campus](#) and [SAS Retail Services](#) are at the Lewiston CareerCenter

March 16 - [Reed and Reed](#) in Bangor

[Workshops](#): (click on the “Workshops” link for more)

- [CareerCenter Services: Start Your Journey With Us!](#) - Tuesdays
- [Your Maine JobLink Account](#) – Wednesdays
- [Navigating the Hiring Process for Individuals with a Criminal History](#) – March 15

and MORE!

*The [Maine Department of Health and Human Services](#) (DHHS) is dedicated to promoting [health](#), [safety](#), [resilience](#), and [opportunity](#) for Maine people. [The Department](#) provides health and social services to approximately a third of the State's population, including [children](#), [families](#), [older Mainers](#), and [individuals with disabilities](#), mental illness, and [substance use disorders](#).

*[Blood Donations](#) needed to ease national shortage -[The Red Cross](#) continues to confront challenges caused by COVID-19, including an estimated 10% [overall decline in the number of people donating](#) blood as well as ongoing blood drive cancellations and staffing limitations.

Did you miss the [last newsletter](#)? Ensure you subscribe for more updates from the [Maine Department of Labor](#).